

# JANUARY 2020 - Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 	30	31 	1 NO SCHOOL New Year's Day	2 Pancakes fruit juice fresh fruit milk	3 Bagel with peanut butter fruit juice fresh fruit milk	4
5 Milk served with all meals	6 Oatmeal Apple Strudel fruit juice fresh fruit milk	7 Ham & cheese muffin fruit juice fresh fruit milk	8 Breakfast pizza fruit juice fresh fruit milk	9 Grab & Go fruit juice fresh fruit milk	10 Blueberry cake fruit juice fresh fruit milk	11 100% Fruit juice served with all breakfasts
12 	13 Scrambled eggs English Muffin fruit juice fresh fruit milk	14 Breakfast Burrito (choice of meat or vegetarian) fruit juice fresh fruit milk	15 Banana Cake fruit juice fresh fruit milk	16 Yogurt blueberry muffin fruit juice fresh fruit milk	19 No School Professional Development Day	18
19 West Bath School is an equal opportunity provider	20 No school MLK Day	21 Oatmeal Nutrigrain Bar fruit juice fresh fruit milk	22 Quiche (choice of meat or vegetarian) fruit juice fresh fruit milk	23 French toast fruit juice fresh fruit milk	24 Bagel with cream cheese fruit juice fresh fruit milk	25 Cereal is available each day as an alternative
26	27 Flapstick fruit juice fresh fruit milk	28 Scrambled eggs fruit juice fresh fruit milk	29 Yogurt parfait granola fruit juice fresh fruit milk	30 Bacon & egg muffin fruit juice fresh fruit milk	31 Apple cake fruit juice fresh fruit milk	1

# JANUARY 2020 - Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 	30	31 	1 NO SCHOOL New Year's Day	2 Chicken nuggets rice pilaf green beans Sherbet fresh fruit Milk	3 Hamburger or Cheeseburger Roasted Maine potatoes baked beans fresh fruit Milk	4
5  Milk served with all meals	6 Pazzo Bread Minestrone soup Carrot Slicks Apple sauce fresh fruit Milk	7 TACO TUESDAY Spanish Rice fresh fruit and salad bar milk	8 Hot dog/roll Baked beans fresh fruit and salad bar milk	9 Pizza (choice of cheese, pepperoni or vegetable) fresh fruit and salad bar milk	10 Turkey club wrap Sweet potato fries fresh fruit milk	11  Fresh fruits and vegetables offered daily
12	13 Breakfast for lunch: French toast Sausage roasted potatoes fresh fruit milk	14 Quesadilla (cheese or chicken) Black beans fresh fruit and salad bar milk	15 Spaghetti with marinara or meat sauce garlic bread fresh fruit and salad bar milk	16 Vegetarian bean chili baked Maine potato fresh fruit and salad bar milk	19 No School Professional Development Day	18
19  West Bath School is an equal opportunity provider	20 No school MLK Day	21 Teriyaki chicken biscuit fresh fruit and salad bar milk	22 Shepherd's pie muffin square fresh fruit and salad bar milk	23 Mac & cheese whole wheat roll fresh fruit and salad bar milk	24 Roast beef sub BBQ beans sliced cucumbers fresh fruit milk	25
26	27 Chicken noodle soup Grilled cheese sandwich fresh fruit milk	28 Pizza (choice of cheese, pepperoni or vegetable) fresh fruit and salad bar milk	29 Fish sticks Pasta salad fresh fruit bar and salad bar milk	30 Sloppy joe fresh fruit and salad bar milk	31 Meatball sub Maine potato salad Vegetable medley fresh fruit milk	1