


MARCH 2020 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 National School Breakfast week March 2-6 Enjoy breakfast at school!	2 Scrambled eggs English muffin fruit juice fresh fruit milk	3 Sausage & cheese or egg & cheese muffin fruit juice fresh fruit milk	4 Cinnamon French Toast fruit juice fresh fruit milk	5 Yogurt apple muffin fruit juice fresh fruit milk	6 Monkey Bread fruit juice fresh fruit milk	7 100 % fruit juice served with all breakfasts
8 Milk serves with all breakfasts	9 Oatmeal apple strudel fruit juice fresh fruit milk	10 Flapsticks fruit juice fresh fruit milk	11 Yogurt parfait w/ fresh berries and granola fruit juice fresh fruit milk	12 Quiche w/choice of meat, cheese or vegetables fruit juice fresh fruit milk	13 Bagel w/peanut butter or cream cheese fruit juice fresh fruit milk	14 MARCH 17  St. Patrick's Day
15 	16 Pancakes fruit juice fresh fruit milk	17+0 Breakfast Burrito with meat, cheese or vegetables fruit juice fresh fruit milk	18 Four berry coffee cake fruit juice fresh fruit milk	19 English muffin pizza w/choice of cheese or vegetables fruit juice fresh fruit milk Spring begins!	20 NO SCHOOL Professional Development Day	21 Fresh fruit served with all breakfasts
22 Cereal offered daily as an alternative	23 Oatmeal Nutri- Grain bar fruit juice fresh fruit milk	24 Grab & go fruit juice fresh fruit milk	25 Bacon & cheese or egg & cheese muffin fruit juice fresh fruit milk	26 Yogurt Blueberry muffin fruit juice fresh fruit milk	27 Bagel w/peanut butter or cream cheese fruit juice fresh fruit milk	28
29 West Bath School is an equal opportunity provider	30 Waffles fruit juice fresh fruit milk	31 Overnight oats w/fresh strawberries fruit juice fresh fruit milk	1	2	3	4

MARCH 2020 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Teriyaki chicken biscuit green beans fresh fruit milk	3 Cheeseburger or hamburger fresh fruit and salad bar milk	4 Baked ham fruit & salad bar apple crisp w/topping milk	5 Spaghetti w/meat or marinara sauce breadstick fresh fruit and salad bar milk	6 Turkey & stuffing casserole mashed potato w/gravy peas fresh fruit milk	7 Milk served with all meals
8 Fresh fruits and vegetables offered daily	9 Fish sticks pasta salad pepper medley w/dip fresh fruit milk	10 TACO TUESDAY Taco w/beef or chicken Spanish rice fresh fruit and salad bar milk	11 Rotini w/meat or marinara sauce Italian bread fresh fruit and salad bar milk	12 Pizza (choice of cheese, veggie or pepperoni) fresh fruit and salad bar milk	13 Turkey club wrap potato wedges fresh fruit milk	14 March 17th St. Patrick's Day
15	16 French toast sausage roasted potato fresh fruit milk	17 Macaroni & cheese wheat roll  fresh fruit and salad bar milk	18 Chicken nuggets BBQ beans fresh fruit and salad bar milk	19 It's Spring! Tuna sandwich carrot sticks w/dip baked chips fresh fruit & salad bar milk	20 NO SCHOOL Professional Development Day	21 West bath School is an equal opportunity provider
22	23 Vegetable beef soup Pazzo bread, broccoli w/dip fresh fruit milk	24 Lasagne roll up w/marinara sauce garlic bread fresh fruit & salad bar milk	25 Baked Potato Bar* muffin square fresh fruit and salad bar milk	26 Chicken or black bean enchilada* fresh fruit & salad bar sherbet milk	27 Hot dog Baked beans vegetable medley fresh fruit milk	28 ***NEW ITEMS***
29	30 Ravioli breadstick sliced cukes fresh fruit milk	31 Pizza (choice of cheese, veggie or pepperoni) fresh fruit & salad bar milk	1	2	3	4