

BREAKFAST**OCTOBER 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Honey nut Cheerios, Bug Bites, fresh fruit, milk	2 Banana cake, juice, milk	3 
4	5 Waffles, juice, milk	6 Ham & cheese muffin, fresh fruit, milk	7 Cinnamon toast crunch, Nutrigrain bar, juice, milk	8 Yogurt, Bug Bites, fresh fruit, milk	9 Breakfast pizza, juice, milk	10 Milk served with all meals
11 	12 NO SCHOOL Indigenous People Day	13 Oatmeal, apple strudel, fresh fruit, milk	14 Blueberry muffin, juice, milk	15 French toast, fresh fruit, milk	16 Bagel w/cream cheese, juice, milk	17 Fresh fruits and vegetables offered daily
18 West Bath School is an equal opportunity provider	19 Breakfast burrito w/ sausage, egg and cheese, juice, milk	20 Pancakes, fresh fruit, milk	21 Scrambled eggs english muffin, juice, milk	22 Egg & cheese muffin, fresh fruit, milk	23 Honey nut Cheerios, Nutrigrain bar, juice, milk	24
25	26 Flapstick, juice, milk	27 Bagel w/cream cheese, fresh fruit, milk	28 Cinnamon Toast Crunch, Nutrigrain bar, juice, milk	29 Yogurt parfait, fresh fruit, milk	30 Apple cake, juice, milk	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 American chop suey, garlic bread, fruit, milk	2 Hot dog/roll, BBQ beans, fruit, milk	3 
4	5 Baked ham, rice pilaf, green beans, fruit, milk	6 Cheese or pepperoni pizza, pepper medley, ranch dip, fruit, milk	7 Chicken pasta bake, garden salad, fruit, milk	8 Potato w/cheese sauce, bread & butter, fruit, milk	9 Beefy chili w/chips & cheese, fruit, cookie, milk	10 Milk served with all meals
11 	12 NO SCHOOL Indigenous People Day	13 Taco Tuesday Beef taco, Mexican beans, fruit, milk	14 Chicken burger, carrot sticks, ranch dip, fruit, milk	15 Teriyaki chicken, biscuit, sliced tomatoes, fruit, milk	16 Meatball sub, sliced cukes, fruit, milk	17 Fresh fruits and vegetables offered daily
18 West Bath School is an equal opportunity provider	19 Macaroni & cheese, peas, fruit, milk	20 BREAKFAST FOR LUNCH French toast, ham, roasted potatoes, juice, milk	21 Fiesta beef & rice, Mexicali corn, fruit, chocolate pudding, milk	22 Chicken pie, fruit, pretzels, milk	23 Turkey sub w/ cheese & veggies, chips & hummus, fruit, milk	24
25	26 Chicken nuggets, rice pilaf, fruit, milk	27 Beans & franks, corn bread, fruit, milk	28 Lasagne roll up, breadstick, green beans, fruit, milk	29 Cheese or pepperoni pizza, sliced cucumbers, fruit, milk	30 Cheeseburger or Hamburger, potato wedges, fruit, milk	