



# BREAKFAST

# NOVEMBER 2021

West Bath School

100% juice and milk served with every meal  
Menu is subject to change

## Monday

1  
Yogurt parfait w/  
homemade granola and  
fresh berries

8  
Breakfast pizza w/ turkey  
sausage  
Fresh fruit

15  
Sausage egg and cheese  
on whole grain english  
muffin  
Peaches

22  
Egg & cheddar omelet  
Nutri grain bar  
Fresh fruit

29  
Homemade banana bread  
squares  
Orange smiles

## Tuesday

2  
Whole grain bagel w/  
cream cheese  
pears

9  
Egg and cheddar omelet  
Served w/ salsa  
Whole grain biscuit  
grapes

16  
Homemade gingerbread  
squares  
Apple sauce

23  
Assorted cold cereal  
fruit cup

30  
Yogurt parfait  
w/ homemade granola  
& berries

## Wednesday

3  
Bacon egg & cheddar  
breakfast sandwich on  
whole grain english muffin  
Diced peaches

10  
Homemade muffin  
Fresh banana

17  
Whole grain bagel w/  
cream cheese  
grapes

24  
No  
School

## Thursday

4  
Homemade chocolate chip  
muffin  
Cheese stick  
Fresh cantaloupe

11  
No school  
Veterans day

18  
Chewonki Granola Bars  
Blue raspberry applesauce

25  
No  
School

## Friday

5  
Homemade banana bread  
squares  
Apple slices w/ Wow butter

12  
Assorted cold cereal  
Orange smiles

19  
Apple cinnamon oat bar  
Mixed fruit

26  
No  
School

