

Monday

Tuesday

Wednesday

Thursday

Friday

4
Ham and cheese sandwich
On whole grain bread
w/ romaine lettuce
Baked Lays chips
Fresh fruit salad

5
Homemade chicken taco
soup & corn bread
Served with sour cream
Fresh fruit

6
Chicken Bowl and biscuit
(popcorn chicken, mashed
potato, peas, corn & gravy)
Aztec Salad
Fresh fruit

7
French toast
Bacon & homemade
apple crisp with non dairy
whipped topping

1
Homemade pizza
*Choice of cheese or
pepperoni*
Carrot and celery sticks
w/ hummus

11
No
School

12
Baked potato stuffed w/
pulled pork
Pretzels
Hummus w/ green & red
peppers

13
Chicken caesar style
wrap with homemade
dressing
Bosco stick
Fresh fruit

14
Beef ravioli
w/ homemade red sauce
Whole grain dinner roll
Steamed broccoli
Fresh melon

8
No
School

15
Whole grain pizza
*Choice of cheese or
pepperoni*
Homemade chickpea salad
Fresh grapes

18
Chicken patty on whole
grain bun
Garden salad
Fresh fruit

19
Tomato soup
Grilled ham & cheese
sandwich on whole grain
bread
Fresh fruit

20
Orange ginger chicken
w/ brown rice and
vegetables
Fortune cookie
Fresh pineapple

21
Scrambled eggs served
w/
Homemade maple apple
french toast bake
Fresh kiwi

22
Homemade pizza
*Choice of cheese or
pepperoni*
Garden salad
Fresh fruit

25
Bean burrito bowl
w/ brown rice, beans and
salsa topped with cheddar
cheese
Tropical fruit salad

26
Chicken nuggets
Whole grain roll
Sweet potato gems
Mixed fruit

27
Whole grain spaghetti w/
meatballs & homemade
red sauce
Garden salad
Bosco stick

28
Apple cheddar waffle
breakfast sandwich
Yogurt

29
Homemade pizza
*Choice of cheese or
pepperoni*
Hummus & veggies
Fresh fruit

